



WATHAURONG

Aboriginal Co-operative

Community Newsletter

December 2018 — January 2019

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Pictured: the I Dare Ya team, giving you all a shout out to come to the next I Dare You program next year — see page 12-13

Calendar of Events

DECEMBER

15	Free Family Christmas Event at Adventure Park	Page 24
17	Wathaurong OPEN DAY at Morgan St	Page 27
17	Community Meeting	Page 2
24	Co-operative's first day closed for the holiday period	CO-OPERATIVE CLOSED

JANUARY

2	Co-operative's first day open after the holiday period	CO-OPERATIVE RE-OPENS
23	Transition to Learning Day	Page 10
26	Survival Day — Public Holiday	CO-OPERATIVE CLOSED
	Treaty Circles — to be confirmed.	See page 26

**Want to get the
Community
Newsletter by
email?**

Send an email to:
megan.frazer@wathaurong.org.au

Your details will be added to our email list; and you will be emailed each new issue, as soon as it is published.

Wathaurong Aboriginal Co-operative

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Like us on Facebook

[Wathaurong Aboriginal Co-Op](http://www.wathaurong.org.au)

Chairperson



Nyoora Woorreeyn Wadda-Wurrung Dya-Nyook.

(Hello this is Wadda-Wurrung Country).

We held Wathaurong's Annual General Meeting (AGM) on Sunday 25 November 2018 at our Forster Street site. Great attendance but I would like to see more of our Community

get back and more involved to have plenty of discussions on Community engagement and participation and also the significance of Culture & Language within all of our programs we deliver. I announced that Wathaurong's newly elected Directors were Wendy Brabham and Judy Dalton-Walsh. The third vacancy will be filled as a casual vacancy at the next Board meeting in late December.

After the AGM we held a Board meeting to elect the executive positions of the Board. I was elected Chairperson, Wendy Brabham was elected Deputy Chairperson and Mick Ryan was elected Secretary. I wish to thank my fellow Board members for their support and dedication, and look forward to working with them and Wathaurong's management team to better improve health, housing, education and employment outcomes for our mob.

I would also like to take this opportunity to thank all staff for their efforts over the year into providing culturally appropriate services, support and programs to the Community.

Special thanks to our Interim CEO, Lisa Briggs, and our Company Secretary, Edel Conroy, for their knowledgeable guidance and proactive management in the past few months.

I would also like to make mention of Ignatius Oostermeyer, for our workplace legal matters and advice.

A quick note of others in Community that have done well in there sporting achievements where Lachy Edwards in making the Australian Indigenous men's Basketball squad and Jamaine Jones playing his first senior game of footy for Geelong FC, and another young man in our Community Blake Schlengsog who was drafted by Geelong Football Club AFL.

A Few Important Upcoming Events

- Saturday 15 December 2018 - Wathaurong Family Christmas Day at Adventure Park (**see page 26**)
- Monday 17 December 2018 - Wathaurong Open Day at the Health Service car park, with lunch and entertainment (**see page 30**)
- Monday 17 December 2018 - The next community meeting will be held in the Board room at Morgan Street North Geelong at 5:30pm. PLEASE SEE BELOW FOR AGENDA DETAILS.

All events held on country will have a Welcome to Country and/or smoking ceremony and dance performances.

Wathaurong Board of Directors look forward to seeing you all at these events to enjoy time with family, extended family, friends and Community.

Wishing you all a very safe and Merry Christmas and a Happy New Year.

Koon Gadyee (Goodbye)

Regards,
Craig Edwards
Chairperson

Wathaurong Aboriginal Co-operative Ltd Community Meeting – Monday 17 December 2018 Agenda

Commencement: 5:30pm

1. Welcome by Chairperson
2. Respect Protocol – minutes silence
3. Apologies
4. Previous Minutes
 - a) Business arising from previous minutes
 - b) Acceptance of 15th October 2018 minutes
5. Finance update
6. Q&A on 2018 Annual Report
7. I Dare Ya presentation – Health Service unit
8. Other General Business
9. Meeting closed

Lot 62 MORGAN STREET, NORTH GEELONG 3215 * PO Box 402, NORTH GEELONG 3215
PH: (03) 5277 0044 FAX: (03) 5278 4123 EMAIL: admin@wathaurong.org.au

Chief Executive Officer



Hello to all you mob,
I would like to firstly acknowledge the Traditional Owners of the land, the Wathaurong people, and their Elders past and present.

It's been a busy two months since our last newsletter, with the Co-operative going through our Accreditation cycles: an important part of our work as it ensures the services provided are of high quality.

I would like to acknowledge and congratulate Kylie Edwards for her outstanding work at the Children's Services centre. Recently the City of Greater Geelong who currently lease our premises underwent the Australian Children's Education and Care Quality Authority (ACECQA NQS) accreditation process and received an exemplary achievement. Congratulations to Rosewall Kindergarten for the recognition of their quality service (see page 6).

Kylie has since resigned and is enjoying a new life in sunny Queensland with her lovely family. I would like to take the time to acknowledge her length of service of over 20 years and her ongoing commitment at Wathaurong.

Chairperson Craig Edwards has mentioned the upcoming Wathaurong events (Adventure Park on page 24, Wathaurong Open Day on page 27, Community Meeting Agenda on page 2) so I am really looking forward to meeting more Community members at these events.

TREATY CIRCLES

We are currently arranging Treaty Circles to consult with Community about the next stage of the Treaty process (see page 24). We will soon have dates for our Treaty Circles, so if you want more information, please give your name and number by emailing megan.frazer@wathaurong.org.au or by calling or texting 0418 971 270.

Treaty legislation is an extremely important development for our mob and we need your input so that Government get it right. Expert information will be provided so please come to contribute or learn.

BACK TO SCHOOL CHECKS



Pictured: Some of the merchandise in the Back to School Packs

We are promoting the "Back to School Checks" available for all children starting school next year, including our preschool kids. You can book your "Back to School Check" with the Health Service staff or contact reception. Each child will receive a "Back to School Check" pack for attending.

If you are attending the Wathaurong Adventure Park Family Christmas Day, Health Staff will be available to book an appointment for you there. There is also the Transition to School Day on Wednesday 23 January where you can also book in (see page 10).

CLOSING THE GAP, PHARMACEUTICAL BENEFITS SCHEME (CTG PBS)

It's that time of year again where you mob should sign up for your annual subscription to receive the CTG PBS discount for medications. You can speak to Health Service staff about signing up for the CTG PBS, or during the Adventure Park event and at the Wathaurong Open Day.

I want to acknowledge and thank the Wathaurong Board and Staff for their genuine commitment to improving the health and wellbeing of our Community over the last year. I would especially like to acknowledge the In Home Support team of Tahlia Dempsey, Kristi Watts and Gina Chapman for their completion of the Triple P training, which will be of enormous benefit to the families they work with (see page 6). Acknowledgement also to Ebony Hickey for her work with the Colac Gathering Place which was recently acknowledged at the Colac Otway Shire Mental Health and Wellbeing Awards; and also to Nikita Edwards for winning the Youth Award (see page 21). Congratulations to all women involved.

Community members, ensure that you take care of yourselves at this busy time of year, and I look forward to seeing everyone, if not at the Wathaurong events, then in the New Year.

Bunjil Blessing to you all.
Lisa Briggs
Interim CEO

Annual General Meeting

A Snapshot of the AGM 2018



Children's Services

New Children and Family Services Staff



Shantelle Baillie

Hello Wathaurong,

I would like to introduce myself as the new Best Start Facilitator at Wathaurong. I thought I would say 'hi' and tell you a little about myself. I am a proud Aboriginal woman, and mother of one. My mob are the Wirrayaraay people of Myall Creek in Northern NSW, however I grew up in Northern Queensland and Geelong.

Before I joined Wathaurong, I was working in various roles, with experience in youth work and business administration skills that I hope has prepared me to excel in the Best Start Facilitator role.

I consider all of the people connected to the role to be an invaluable resource and hope that catching up and having a yarn with you all will increase my knowledge base.

Celestine Larmah

Hello to the Wathaurong Community.

I am a new Kinship worker in the Family Services team. I'm a West African woman (Guinean/Liberian) and I moved to Australia when I was 10 years old.

I recently completed my Bachelor in Psychology, while working as a Disability Support worker and a shelver for Geelong Regional Libraries.

I've been a community leader for six years within the Liberian community. My involvement within my community is mostly with the youth.

I hope to bring my skills to the Kinship role and get to know you all.



Other new staff

We would also like to welcome:

Helen Sullivan as a Family Services Team Leader. Helen comes to us with a wealth of knowledge and will be a great support to the Family Services team. Helen will be directly supervising Aboriginal Stronger Families, Integrated Family Services, Cradle to Kinder and the Early Years team.

Jane Clements as our new Aboriginal Stronger Families case manager. Jane comes from a background in child care and is already sharing her knowledge with her clients and co-workers.

Linda Tanner who has been volunteering in playgroup for a year and is currently filling in for the recently Queensland-bound Kylie.

And **Jackie Brown** has recently joined our In Home Support team.

Kerry (Kez) McKenzie is our new Cradle to Kinder case manager.

We hope to introduce these new workers to you in future editions of the newsletter.

Children's Services

Our In Home Support team completes world-renowned training



Pictured above: the Triple P participants, notably facilitator Michelle Forster (left), and our In Home Support team of Tahlia Dempsey (fourth from right), Gina Chapman (second from right), Kristi Watts (right).

Congratulations to our In Home Support team of Tahlia Dempsey, Gina Chapman and Kristi Watts for successfully completing their Triple P training, which was facilitated by Michelle Forster. Michelle is the only Triple P Indigenous Implementation Consultant in Australia.

Triple P is a world-renowned program that gives workers the capacity to build the confidence, knowledge and skills of parents and carers to help make raising children easier; and Triple P stands for Positive Parenting Program. Michelle the facilitator was impressed with Wathaurong's In Home Support trainees, saying,

"They were amazing"

We think they are amazing too, and we are sure their clients will benefit from the new skills and strategies they will be sharing with them.

Well done Tahlia, Gina and Kristi. We are proud of you.

Rosewall recognised for excellence

Early Learning @ Rosewall has exceeded the National Quality Standard, according to a recent rating by the Department of Education and Training.

Based at Wathaurong's Children's Services building, Rosewall focuses on the health and wellbeing of children and their families by building strong internal and external connections, particularly with our staff, programs and Community.

Our children love attending Rosewall, with the numbers of Aboriginal Kindy kids increasing here each year. Early Learning programs are awesome for building growth and development in littlies, but also in their parents or carers, who are acknowledged as the children's first teachers.

Well done to all the team at Rosewall. Wathaurong thanks you for everything you do for our kids.

Children's Services

December 2018—January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
3 December Rosewall Kindergarten Morgan St, 9:00am-1:30pm Homework Centre Forster Street, 4:00pm-6:00pm	4 December Rosewall Kindergarten Morgan St, 9:00am-1:30pm	5 December Rosewall Kindergarten Morgan St, 9:00am-1:30pm Kids Club Forster St, 3:45pm-5:00pm	6 December Milla Milla Playgroup Morgan St 11:00am-1:00pm	7 December Milla Milla Playgroup Morgan St 11:00am-1:00pm
10 December Rosewall Kindergarten Morgan St, 9:00am-1:30pm Homework Centre Forster Street, 4:00pm-6:00pm	11 December Rosewall Kindergarten Morgan St, 9:00am-1:30pm	12 December Rosewall Kindergarten Morgan St, 9:00am-1:30pm Kids Club Forster St, 3:45pm-5:00pm	13 December Milla Milla Playgroup Morgan St 11:00am-1:00pm	14 December 15 December Community Family Day at Adventure Park See page 26
17 December Wathaurong Open Day Morgan St, 11am-4pm See page 30 for details Community Meeting Morgan St, 5:30pm	18 December	19 December	20 December	21 December
24 December CO-OP CLOSED	25 December CO-OP CLOSED	26 December CO-OP CLOSED	27 December CO-OP CLOSED	28 December CO-OP CLOSED
31 December CO-OP CLOSED	1 January CO-OP CLOSED	2 January CO-OP RE-OPENS	3 January	4 January
7 January	8 January	9 January	10 January	11 January
14 January	15 January	16 January	17 January	18 January
21 January	22 January	23 January	24 January	25 January Ready for Learning Day 20A Forster St 11am-2pm
28 January	29 January Term 1 starts	30 January	31 January	
Milla Milla Playgroup		Wathaurong Children's Services Lot 62 Morgan St, North Geelong (03) 5272 8861 or 0458 201 193 Admin: (03) 5277 0044 Playgroup Thu & Fri, 11am — 1pm	Rosewall Kindergarten Rosewall Kindergarten Lot 62 Morgan St, North Geelong (03) 5275 4529 Mon - Wed, 9am — 1:30pm	
Parent Group	Kids Club	Homework Centre	All held at: 20A Forster St, Norlane Contact details: Parent Group 5277 2038 or 0438 572 088 Kids Club 5292 9843 Homework Centre 0417 855 334	
Playgroup, Rosewall, Parent Group, Kids Club and Homework Centre will be closed over the School Holidays and reopen when school returns				

Children's Services



Parrwang Youth Arts

'Kids Connecting with Culture & Creativity:
A Journey of Identity, Confidence & Pride.'

Term 3 Holiday Happenings

Early Years:

'A Koorie Collection'
with Tahlia & Kristi.



'Sing & Groove' with Sue.



Children & Young People:

'Bush Animals & Weaving' with Aunty Bronwyn Razem



'Liyan - Connections through dance' with Sermsah Bin Saad



'Wayapa Wurruuk' with Thaedora Frangos



geelong
performing
arts centre

EXPLORE!
GEELONG
PERFORMING
ARTS CENTRE
EDUCATION
PROGRAM

THE
R E ROSS
TRUST

NEWSBOYS
FOUNDATION | 125
Supporting young Victorians for 125 years

Children's Services



Parrwang Youth Arts

'Kids Connecting with Culture & Creativity:
A Journey of Identity, Confidence & Pride.'

'Our Creations, Our Expressions' Show & Share with Family & Community.
Ferne Millen Photography



This was the last Parrwang Youth Arts program for 2018. Well done and thank you to all of our wonderful children, young people and their families for a fantastic first year. Big thanks to our artists who have facilitated our workshops and a special thanks to helpers Kristi & Tahlia.



Performing Tandop's Story of Parrwang the Maggie



Merry Christmas everyone. We will look forward to seeing you next year!! Kylie & Kelly

geelong
performing
arts centre

EXPLORE!
GEELONG
PERFORMING
ARTS CENTRE
EDUCATION
PROGRAM

THE
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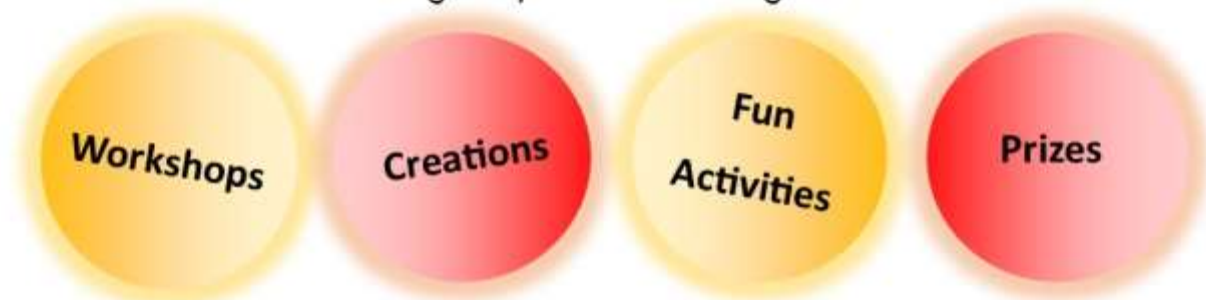
NEWSBOYS
FOUNDATION | 125
Supporting young Victorians for 125 years

Children's Services



Hey you mob! Let's get ready for learning! All families with kinder and school aged children are welcome to come along.

Children who are starting kinder or prep in 2019 will be presented with a special Ready for Learning pack during a formal presentation which acknowledges the amazing achievements of children in community and their next exciting chapter — starting kinder and school!



Wednesday 23rd January, 2019

11:00am—2:00pm

Venue: 20A Forster Street, Norlane

Formal presentation of bags and certificates to begin at 12:00pm

Lunch to follow

Please contact Tahlia Dempsey

(03) 5292 9829 to confirm your attendance for catering purposes.



Health Services

Wathaurong Health Clinic

Dr Catherine Eltringham

Every Wednesday and Thursday

Dr David Corbett

Every Thursday

Dr Ed Poliness

Week 1 & 3 – Monday & Tuesday

Week 2 & 4 – Monday, Tuesday & Friday

Dr Eimir Diviney

Every Tuesday, Thursday & Friday

Dr Tom Bradey

Every Thursday

Dr Lou Sanderson

Every Monday, Tuesday & Friday

Dr Helen Dyett

Every Monday

Dr David Russell

Every Monday & Wednesday

Diabetes Educator – Olga Lutzko

Monthly on a Wednesday afternoon

BY REFERRAL ONLY

Located in the Admin Building

Endocrinologist – Dr Sam Worboys

Monthly on a Thursday afternoon

BY REFERRAL ONLY

Paediatric Clinic

Weekly on Tuesday afternoons

BY REFERRAL ONLY

Please note there is a two month waiting list

Psychiatrist – Dr Russell Golden

Every Monday & Wednesday

BY REFERRAL ONLY

Located in the Admin Building

Wathaurong Health Service operates:

Monday to Friday 9:00am – 5:00pm

To book an appointment or find out more details on services available, please phone (03) 5277 2038

Psychologist – Paul Thornton

All day Tuesday

BY REFERRAL ONLY

Located in the Admin Building

Alcohol & other Drugs worker – Melissa Commons

Monday to Friday

Dual Diagnosis Therapist – Karyn Kehagias

Monday to Friday

Aboriginal Mental Health Worker – Phillip King

Monday to Friday

Liver Clinic – Margaret Wordrop

Monthly on a Monday

BARWON HEALTH DENTAL@WATHAURONG

Each Tuesday, Wednesday & Thursday

Please call BH dental and speak to Sarah to make an Appointment on (03) 5272 2847

Obstetric Clinic

Last Friday of every month

BARWON CENTRE AGAINST SEXUAL ASSAULT (CASA)

Tuesdays and Thursdays

BY REFERRAL ONLY

COLAC GP CLINIC – Alternating Wathaurong GP

Open every **Monday**, book appointments through Wathaurong Health Services

Important Notice

The Health Service continues to experience an increasing demand on medical services. Due to this, we will now require 24-hours notice cancellation for all medical appointments.

We understand that our patients lead busy lives; however if you cannot attend it is important that you call to cancel. This means your fellow community members who are needing to be seen sooner can be offered your appointment.

If you are unable to attend your appointment because of transport issues, please let us know.

Remember to update Medicare and concession cards at reception when presenting for appointments.

Health Services

I Dare Ya

Health and wellbeing program



Wathaurong Aboriginal Co-operative has partnered with Spark Health to produce a localised and culturally-based health promotion program that addresses the growing rates of physical inactivity, obesity and chronic disease in the Aboriginal Community.

Spark Health together with the Wathaurong Health Service proudly began “I Dare Ya” on 18 October. With a vision of attracting 50 participants to join, it was with much excitement that 88 Community and staff registered and turned up on the opening night.

Six weeks, six ‘Deadly Dares’ and six fun workouts is what it’s all about. Each week “I Dare Ya” has treated the participants to a different health topic, helping them reach their goals and get them moving. There has been something for every fitness level....And kids too!

Each week we have had some terrific motivational speakers join us. Chris Warrior from Black Fitness, Ambulance Victoria, and Sarah Sheridan from Spark Health to name a few.

There’s been lots of activity on the “I Dare Ya” Facebook page too, with Community and staff posting healthy recipe ideas and exercise tips.

Lots of prizes have been given to people sharing ideas not to mention the “grouse merch” that participants receive if they complete at least 4 of the 6 weeks of the program. Participants are able to choose from a T-shirt or singlet designed by Spark Health, incorporating the Wathaurong logo which is surrounded by circles that represent each of the “Six Deadly Dares.”



Health Services

I Dare Ya has been a great opportunity for the Community to not only learn how to improve their health but it's also been an ideal way for the Community to come together and have some fun.

After this six week program Spark Health will be running "Booster" Sessions. Even if you haven't registered for the six weeks you are welcome to come along.... stay tuned.....

And.....if you missed out this time...keep an eye on Wathaurong Facebook page for future "I Dare Ya" programs.



Spark Health is an Aboriginal-led health promotion that combines Aboriginal Community engagement and communications with social enterprise. Spark are excited about health and are experts in designing engaging and innovative Community-based programs that add years to peoples' lives, believing in the change and ripple effect of a healthy lifestyle in closing the gap.

Health Services

New Koorie Birthing Suite at University Hospital

Barwon Health has partnered with Wathaurong Aboriginal Co-operative to design and launch their new Birthing Suite.

The Koorie Birthing Suite was created to help Aboriginal and Torres Strait Islander families feel welcome and safe in this culturally-inclusive space, while delivering high-quality, woman-focused midwifery care.

Named Darraburruk Pupup, meaning new baby in Wadawurrung language, the suite was co-funded by Barwon Health and Wathaurong Aboriginal Co-operative, and our Koorie Maternity Service (KMS) couldn't be happier.

Koorie midwife Aunty Athalie Madden says, "The Koorie Maternity Service team has strengthened its relationship with Barwon Health, and this new Aboriginal birthing room will build on this relationship, providing another layer of kindness, love, support and midwifery care.

"It's important for Aboriginal women to feel safe and comfortable at a hospital because of past experiences with the Stolen Generation when women did not want to go to hospitals."

Barwon Health says that 53 Indigenous babies were born in their facilities last financial year and expect the numbers to keep rising. Our KMS team look forward to helping welcome new mums, bubs and their families into the new suite.

About the artwork

From the Barwon Health website

Title: Ngardang (Mother)

Artist: Ammie Howell, Arrernte woman — Alice Springs, Northern Territory.

This piece represents the special and significant areas of the Wadawurrung Country.

The blue area on the bottom right represents the



Pictured: Wathaurong's KMS team at the launch Darraburruk, the new Koorie Birthing Suite

beaches and the running waterways and rivers in the area with the You Yangs and Corio Bay in the distance.

The meeting places represent the diversity of Aboriginal peoples living on Wathaurong Land.

The spirits represent our Ancestors—significant women who are often called upon during the pregnancy and birth journey for strength and guidance, they are our Mothers, Grandmothers, Great-Grandmothers, Aunties, Sisters and Cousins—strong and proud Aboriginal women.

At the centre of everything, the woman, surrounded by all of these symbols supporting her through her pregnancy.

Health Services



ART OF THE MINDS

Celebrating Mental Health Week

7-14 October 2018

On Wednesday 10 October, members of Wathaurong's Wellness and Recovery Team attended Connected Communities, a day promoting the importance of connection and support for people experiencing mental health issues. It included issues faced by carers, who can face their own challenges with mental health.

Hosted by genU Training and supported by sponsors, Roxy Bennet from Bay FM MCed, and presenter and comedian Rod Quantock gave the keynote speech (known to our older readers as Captain Snooze). Some



amazing people shared their personal experiences about their own mental health or that of their loved ones.

There were also some great performances from artists such as the Men's Shed Choir and our own Wathaurong dancers.

Our Team—comprising of Phil King, Melissa Commons and Alfie Oram—held an information stall about Wathaurong services and programs, and Alfie also shared some delicious bread and dips made from seeds grown at Wurdi Youang.

Health Services

Health Service Staff In-Service Day

On 1 August, Wathaurong Health Service staff were invited to visit Wurdi Youang for a guided tour as part of our Staff In-Service Day. We met with Uncle Reg, who gave us a detailed tour of the farm with its grasses and artifacts, and explained all of the programs that community members can participate in.



We then walked to the stone arrangement and were told about the history of the rock formations and the people who have been involved in researching and protecting the culturally significant area.

All staff were grateful for the amazing opportunity to visit this historic and culturally significant site that is right on our doorstep.

We thank Uncle Reg for his time to show everyone all around.



Health Service Cultural Awareness Training

On Wednesday, 14 November, Health Service Staff attended Cultural Awareness training by Wan Yaari Aboriginal Consultancy Service. Lowell Hunter and Ricky Kildea discussed topics around Welcome to Country and Acknowledgement of Country. Australian historical timeline, including pre- and post-colonisation; lore, dreaming and creation; and law beliefs and stereotypes were all raised and discussed.

Staff were invited to The Dance Circle to participate in Wayapa Wuurrk, with Ricky leading the practice in the meditation and movement which provides a sense of belonging to the Earth. After participating in Wayapa Wuurrk, we were shown Aboriginal maps of both Victoria and Australia and learnt of past government policies and initiatives.

Other topics raised gave an opportunity for staff to discuss their stories and views around stolen generations and transgenerational trauma. Staff were also able to participate in group interactive activities.

All staff thoroughly enjoyed the day, and although most staff involved had previously attended cultural awareness training, we all learnt or got a refresher on many topics that affect us and our Community members.

Thank you Lowell and Ricky.

Henri Korevaar

Registered Nurse Division 1 — Prevention and Early Intervention Coordinator

Health Services

Want to get out of the House?
Need a chat; a listening ear ?

Tea, Coffee,
Snacks?

Need to use a
computer?

Want to share
some Culture?

Thursdays

Have an idea
for arts or
craft

at

Tell us what
you want to
see

Forster's

Come visit with **Aunty Gwenda Black**

And special visitors

10-3pm commencing August 31st

DROP-IN

Health Services

New staff in Health Services



Please make very welcome our new Health receptionist, Kerry Hudson. Kerry is a proud Gundijtmorra woman and has lived in Portland since 1988 after moving from Bairnsdale. Kerry has worked with Dhauwurd Wurrung Elderly and Community Health Service in Portland and Winda Mara Aboriginal Corporation in Heywood in a number of roles including Board of Directors for four years at DWECH, Medical Reception, Koori Preschool Assistant, transport, CCSS and a number of years in Pharmacy. Kerry has recently located from Portland to Geelong to support her children and their schooling/university.

"I love working with the community and have been welcomed by all the wonderful staff here at the Wathaurong Health Service. I hope to have more yarns with the Community so I'll see you around the Health Service or

Community events"

NACCHO Conference

Hello all,

On Tuesday 30 October, Naomi Edwards (Aboriginal Stronger Families in Family Services) and I were lucky enough to attend NACCHO's first ever Youth Conference. As most of you will know, NACCHO stands for National Aboriginal Community Controlled Health Organisation.

At the Conference we spoke about troubling issues in our Community, cities and rural areas. We spoke about current issues in far North Queensland that are prevalent with the youth of today atm, such as syphilis outbreaks and creating more youth programs.

There were more than fifty strong that attended the Youth Conference from all corners of Australia. This Youth Conference was put together for our youth of today to have a voice of the future.

What this means for all states is that there will now be sub-committees put together from each state, who will put forward ideas and programs, and discuss issues affecting their Community and other ways of addressing current and future obstacles.

What this also means for our community is that there will be a youth worker appointed or will co-roll with current work.

The Youth Conference will now be an annual event run by NACCHO, what a great initiative and also a great time for our youth to be a part of this movement going forward.

Duane Luki

Healthy Promotions

Community Voices

Community Services

PAGs meet Uncle Archie Roach



On Monday 19 November Wathaurong Elders, Planned Activity Group (PAGs) and staff were privileged to attend the 2018 Elder Day Luncheon with Uncle Archie Roach. It had been a while since the group had all gotten out of Geelong and with the promise of great tucker and a deadly voice, no arms had to be twisted. A rowdy few kept the busload in stitches, right up until seated at their tables.

Monash is an amazing university. It is the seventh biggest university in the world and the youngest to be achieving such high results. With just over 300

Aboriginal students enrolled each year and climbing, all Indigenous students have graduated and most with honors. What a great achievement to celebrate with our Elders.

Elders' Days are not just a chance to show our appreciation, but also to give everyone attending a chance to yarn with familiar faces, or form new connections that enrich our lives. We enjoyed amazing food, great service and a warm welcoming atmosphere, and let's not forget Uncle Archie Roach.

Uncle Archie is one of our most talented musicians. The stories that carry us on a journey into the songs we all know that touch our hearts is simply brilliant. We could not have asked for a better way to finish off an amazing day. We are looking forward to many more adventures with our Elders in 2019.

If you want to come along and join in the fun, our social support Planned Activities Group is worth looking into to see if it is for you. Headed up by our talented Jasmine-Skye Marinos and Pepa Castro, we meet three Tuesdays a month, and we are looking for more members to expand over more sessions. We get involved in some great Art projects for the community; we go on outings to new and exciting places (Great Ocean Road Chocolate Factory making rocky road); and we offer culturally enriching experiences you will not want to miss. So give us a call, have a yarn and get involved!!

Sarah Jones
Commonwealth Home Support Coordinator
03 5292 9800



Indigenous 3 on 3 Basketball Tournaments

A partnership of Wathaurong Aboriginal Co-operative, the Department of Justice and Basketball Victoria.

Basketball Victoria hosted a series of 3 on 3 Indigenous Basketball Tournaments during October.

The tournaments included cool basketball action and an interactive zone with fun games and experiences.

We welcomed Aboriginal and Torres Strait Islander Youth living in the Geelong Community and broader Barwon Region (Colac Otway, Surfcoast, Golden Plains) to participate, and Community were invited to cheer on and support. Participants and audience enjoyed a free lunch, Jumping Castle and lots of activities for everyone.



The day was co-hosted by Wathaurong's Tom Noulas with the help of co-workers Penny Jenkins, Duane Luki, Stephen Dohl and Sam Couzens, as pictured in order above (Tom second from left).

Everyone involved had a great day and we hope to hold more basketball events next year.

Community Services

Colac Otway Shire Mental Health and Wellbeing Awards



Colac Otway Shire held their Mental Health Week Celebration at the Colac Cinemas on 10 October. The event included the Colac Otway Mental Health and Wellbeing Awards where Wathaurong and Community received recognition.

The Youth Award went to Community girl Nikita Edwards, well done Nikita for this great achievement.

The Community Award went to friends of Wathaurong Greg and Edwina McHenry for their program 'Community Connect' on Otway Community Radio OCR FM.

And Wathaurong's Colac community initiative The Colac Otway Gathering Place also proudly picked up an award. The award was collected by Wathaurong's Community Engagement Officer Ebony Hickey, who has been integral to the set up and running of the Gathering Place.

This award is recognition of Ebony's hard work, and she says: "I'd like to thank the Colac Aboriginal Community for their passion, commitment and drive with this project and their ability to determine their own community vision, Aboriginal community development is an essential approach to overcoming disconnection and disadvantage. It makes working on a project with the community very rewarding. I'd also like to recognise Wathaurong Aboriginal Co-operative staff, board and senior management who continue to support the Colac Aboriginal Community on their path to self-determination."

Congratulations to all of the winners for the 2018 Colac Otway MENTAL Health and Wellbeing Awards.

Education & Training

Girls' Resilience Program

Hi everyone!

I'm Kylie Clarke, a proud Gunditjmara, Wotjobaluk & Ngarrindjeri woman.

I'm Weenthunga Health Network's Program Leader for Geelong's new Girls' Resilience Program.

Our own mob understand and care for our health best, so we need to create opportunities to make that happen.

My job is to help make a health career possible for our young women studying in year 10, VCE & VCAL. How?



Having one-on-one yarns with students about their interests/goals in health careers

Organising a Local Support Network of Health Professionals and Education Leaders

Create experiences to come together to connect, be informed and inspired

Provide one-on-one mentoring and guidance to help students achieve their aspirations (work experience, career planning, linking with professionals in chosen careers, assistance with TAFE/Uni pathways, applications, enrolments...

Are you a young woman or do you know a young woman interested in:

Community Health, Nursing, Denistry, Medicine, Midwifery, Therapy, Pharmacy, Emergency, Optometry, Medical Imaging? I'd love to hear from you!

Contact Kylie Clarke: kylie@weenthunga.com.au

(Wednesdays & Thursdays)

Weenthunga means 'hear / understand' in Woiwurrung, language of the Wurundjeri people of the Kulin Nation

Aboriginal Tertiary Scholarship Program

Are you an Aboriginal and/or Torres Strait Islander person currently undertaking full-time study and interested in being paid to study?

The Department of Justice and Regulation (the department) is offering Aboriginal Tertiary Scholarships of up to \$30,000.

Aboriginal and/or Torres Strait Islander students residing in Victoria and undertaking full-time studies in a broad range of courses related to the business of the department invited to apply.



"Inspired by stories from community, I will continue to listen and learn through my future career in justice."

*2018 scholarship recipient
Zachary Pennith-Puchalski
Yorta Yorta and Dja Dja Wurrung clans*

For more information on eligibility or a copy of the application please contact:
The Scholarship Coordinator
Koori Employment Team
Department of Justice and Regulation on (03) 8684 1751
or koori.employment@justice.vic.gov.au

www.justice.vic.gov.au/utility/careers/aboriginal+scholarships



VICTORIA
State
Government

Justice
and Regulation

Community Notices



Join us for the Wathaurong Family Christmas Event at

Adventure Park

Saturday 15 December 2018

10:30am to 3:00pm

1249 Bellarine Hwy
Wallington, Geelong

BBQ lunch and drinks will be provided

PLEASE NOTE: All children under the age of 18 must be accompanied and supervised by an adult as Wathaurong cannot accept responsibility during this event.



To register:

- Complete a registration form at reception at Morgan St
- Complete a registration form on our website at www.wathaurong.org.au
- Contact Duane Luki by 10 December on 0438 678 210 or by emailing duane.luki@wathaurong.org.au

Be sure to let us know if you need transport. Pickup at 10am at:

- Wathaurong Aboriginal Co-operative, 62 Morgan St, North Geelong
- Grovedale Community Hub, 45 Heyers Rd
- Whittington Primary School, Solar Drive

Be SUN SMART: Bring a towel, appropriate swimwear, hat, sunscreen. For more info, about Adventure Park, go to www.adventurepark.com.au

Community Notices

REGISTRATION FORM

Wathaurong Community Family Christmas Event – 1249 Bellarine Hwy Wallington, Geelong

You will be contacted by a Wathaurong staff member before the Event.

First Name _____ Surname _____

Address _____ Postcode _____

Email address _____ Contact Number _____

Transport Required: Yes No If yes, please circle:

<u>Pickup area 1</u> Wathaurong 62 Morgan St, Nth Geelong	<u>Pickup Area 2</u> Whittington Primary School Solar Drive, Whittington	<u>Pickup Area 3</u> Grovedale Community Hub 45 Heyers Rd, Grovedale
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Names of other people attending

First Name	Surname	Age	Address	Contact Number	Allergies/relevant medical conditions

Emergency details

Emergency Contact Person _____ Contact Number _____

Doctor: _____ Doctor number: _____

Medicare number: _____

Health cover membership number: _____

Consent

I understand that *all children under the age of 18 must be accompanied and supervised by an adult* as Wathaurong Aboriginal Co-operative cannot accept responsibility during this event

Yes ☐ No ☐

I accept full responsibility for my child/children and myself and my/his/her belongings whilst attending this Event and if an accident occurs resulting in loss or damage. I will not make any claims against the Wathaurong Aboriginal Co-operative and will indemnify the Co-operative for or in respect of any claims made for or on behalf of my child or myself.

Yes ☐ No ☐

In the case of an emergency, I authorize the Wathaurong staff member in charge of my child/children to consent, where it is impractical to communicate with me, to receive such medical or surgical treatment as may be deemed necessary.

Yes ☐ No ☐

Print name: _____ Signed: _____

Please return the completed form to:


- Wathaurong reception at 62 Morgan St
- or by emailing a scanned/photo (readable) copy to duane.luki@wathaurong.org.au

More registration forms are available:

- at Wathaurong reception
- by visiting our website at www.wathaurong.org.au

Community Notices

Wathaurong's Treaty Circles — a Community Consultation



**WATHAURONG
TREATY
CIRCLES**

**TREATY CONSULTATIONS
GEELONG AND
COLAC**

Soon Wathaurong will be holding Treaty Consultations in Geelong and Colac, so that we can inform government on your views of the Victorian Treaty process.

Your opinion is more important than ever.

Come and receive information from experts, discuss issues, give your opinion on potential Treaty legislation, or just listen and learn.

We are finalising dates, so please register your interest with Megan Frazer by calling 52728826 or 0418 971 270 or email megan.frazer@wathaurong.org.au

Community Notices

Come to Wathaurong's OPEN DAY

Monday
17 December 2018
11am to 4pm

Xmas pressie pickup for all
who registered

BBQ from midday

Live music 12:30pm to 2:30pm

Kids activities including
traditional Aboriginal games

Information stalls



Followed by
Community
Meeting
at 5:30pm

WATHAURONG
Aboriginal Co-operative

Lot 62 Morgan St, North Geelong

Community Notices



2019 Woorrangabook Victorian Koori SURFING LITLES Urquharts Bluff

9th & 10th February 2019

First Timers, Begginners, Advanced, All Abilities welcome.

DIVISIONS

**Under 6's Mixed - Under 10's Boy & Girls
Under 13's Boys & Girls - Under 16's Boys & Girls
Under 18's Boys & Girls - Open Men & Women
Masters Men & Women**

This Is A Drug & Alcohol Free Event

**Contact Details
Jordie Campbell
E-mail: jordie@surfingvic.com
Mob: 0488 935 183**



Community Notices



2019 Wadawurrung Narro Womens Surf Off

Tuesday 8th January 2019
Bancoora Beach
10am

A Day For Indigenous & Torres Strait Islander Women To Gather Together to Participate
In The Sport Of Surfing In A safe Supportive Enviroment.

Free For All Indigenous & Torres Strait Islander Females

First Timers, Begginers, Advanced All Abilitys Welcome
Wetsuits and Surfboards Supplied

For more informatios Please contact
Jordie Campbell
jordie@surfingvic.com
0488 935 183



"This Activity is supported by the Australian Government through the indigenous Sports and Active Program through the Office of Sport".

My Health Record—In or out, you decide

My Health Record is an online summary of your and your children's health records. Everyone in Australia will automatically have a record created for them on 31 January 2019, unless you choose to opt out. Supporters say that the advantage of having a My Health Record is that any medical professional you visit will have access to all of your details, improving diagnosis and treatment. Critics have concerns about privacy considerations and how the information might be used in the future.

These concerns have gone to the Australian Parliament who just passed a new range of laws including:

Allow Australians to permanently delete their records, and any backups, at any time.

Make clear that the system cannot be privatised or used for commercial purposes.

Explicitly prohibit access to My Health Records by insurers and employers.

Harsher penalties and fines for inappropriate or unauthorized use of My Health Record.

Provide greater privacy for teenagers 14 years and over.

The decision to opt in or out is an individual choice. To look at the My Health Records site and the access and privacy options you have, go to: www.myhealthrecord.gov.au/for-you-your-family/what-is-my-health-record

Strengthen existing protections for people at risk of family and domestic violence.

Clarify that only the Agency, the Department of Health and the Chief Executive of Medicare (and no other government agency) can access the My Health Record system.

To opt in—do nothing: your record will be created automatically on 31 January 2019.

To opt out—go to www.myhealthrecord.gov.au/for-you-your-family/opt-out-my-health-record

Explicitly require law enforcement and other agencies to produce a court order to access information in My Health Records.

Or call 1800 723 471

Community Notices



Geelong Region Aboriginal Employment Initiative



Looking for work?

Are you Aboriginal or Torres Strait Islander and currently looking for work or need a career change?

**Check out the exciting
employment opportunities
that are available now!**

<http://wanyaari.com.au/employment-opportunities/>

Partnering Employers



Wan-Yaari Aboriginal Consultancy Services is a multi-award winning Aboriginal owned and operated business providing professional and empowering services to the Aboriginal Community and non-Aboriginal organisations in the Geelong Region.

The G21 Aboriginal Employment Initiative Project has received funding from the Australian Government, Department of Jobs and Small Business. Wan-Yaari Aboriginal Consultancy services will be undertaking the project and will work closely with organisations, employment service providers and the Aboriginal community in the G21 region to increase Aboriginal employment and achieve outcomes and targets for organisations and the Aboriginal Community.

The meaning of Wan-Yaari is to Listen, Learn and Understand, which underpins our philosophy in designing and delivering our programs in an inclusive, engaging and culturally safe way.

Wan-Yaari respectfully acknowledge and pays respect to the traditional custodians of the lands in which we work and live on.

For further information:

w: www.wanyaari.com.au

e: enquiries@wanyaari.com.au

m: Lowell 0473 476 728 Ricky 0431 117 088



SEARCH WANYAARI AND FIND US ON SOCIAL MEDIA



Community Notices

Reclaim the Night



This year marks the 40th anniversary of Reclaim the Night. On Friday 26 October, the Geelong event also marked the launch of Barwon's Month of Action to Stop Men's Violence Against Women and Children.

The rally began at Wathaurong where the gathered crowd listened to some wonderful women giving inspirational speeches about empowerment and the entire community saying NO to violence against women.

The group then marched around the lake and walked up to Diversitat to finish the rally with speeches and joyful performances. Diversitat invited some newly arrived women to participate and these women produced their own protest placards that voiced their opinions around women's issues in their own languages.

To the woman and children lost to violence, we remember you.

Community Notices



Let's start talking

Support for Aboriginal people affected by gambling

Recognising harm from gambling

Harm from gambling is common in both the wider community and the Aboriginal community. Yet it may not always be easy to recognise. Harm can include financial problems, arguments with family, involvement with police and emotional distress.

Harm may be experienced by the person who gambles, their family, or within the wider community.

A person experiencing harm from gambling may also be struggling with mental health, substance use or family violence.

Asking these questions may help identify if someone is experiencing gambling harm:

“Does gambling cause arguments at home?”

“Do you – or someone you know – ever go back another day to try to win back lost money?”

Gambler's Help at Bethany

Aboriginal people can access both local Gambler's Help services and Aboriginal Gambler's Help services.

In Geelong, Colac and Warrnambool Bethany Community Support provides local Gambler's Help services.

They provide face to face, free and confidential financial and therapeutic counselling for anyone experiencing gambling harm.

Phone (03) 5278 8122 to make an appointment to see a local Gambler's Help counsellor

Monday – Friday 9am -5pm (appointments until 6:30pm on Wednesdays)

Gambler's Help 1 800 858 858 - provides free, confidential information, advice or counselling **24 hours a day, seven days a week**

Email or live chat counselling - available at www.gamblinghelponline.org.au

Geelong, Colac & Warrnambool Gambler's Help service

Gambler's Help – Bethany Community Support

Phone: (03) 5278 8122

16 Ballarat Rd

Hamlyn Heights VIC 3215

Email: gamblerhelpintakebarwon@bethany.org.au

Aboriginal Gambler's Help Services

**Victorian Aboriginal Health Service
Counselling and Financial wellbeing Services**

Metropolitan Melbourne

Phone (03) 9419 3000

www.vahs.org.au

Community Notices



Term 4 Drop In
Ages 12 - 25 only, all free
All music lessons require bookings, to book please phone the fOrT - 5274 9074

Monday 3 DEC Drop In With: LASER SKIRMISH Pool Comp Xboxing (M15+) Music + Band	Tuesday 4 DEC Koorie Youth Group	Wednesday 5 DEC SKAART THANK YOU DINNER	Thursday 6 DEC FORT CLOSED	Friday 7 DEC Drop In with: Guitar lessons 'DRAWN TOGETHER' Art Group WATERWORLD SWIM
Monday 10 DEC Drop In With: Pool Comp Xboxing (M15+) Music + Band Creative Art	Tuesday 11 DEC Koorie Youth Group	Wednesday 12 DEC GIG GROUP 4 - 5.30pm	Thursday 13 DEC Drop In With: Music Lessons + Jam Build It SECONDHAND CLOTHING SALE	Friday 14 DEC Drop In with: Guitar lessons 'DRAWN TOGETHER' Art Group 4 - 5.30pm
Monday 17 DEC END OF YEAR CHRISTMAS PARTY	Tuesday 18 DEC Koorie Youth Group DEADLY AWARDS	Wednesday 19 DEC FORT CLOSED		

The Deadly Awards

Hi All, I am very excited for the upcoming event that the young people from The Koorie Youth Group are running, The Deadly Awards.

This event is to celebrate and recognise the important people in our lives.

I would like to invite you to nominate who you believe would be a very deserving person for the following categories:

- Person of the year
- Young person of the year
- Caring for country and community
- Artist of the year
- Sportsperson of the year

Please nominate at: www.surveymonkey.com/r/F97SZ3X

I would also like to invite you to the event which is on December the 18th, 6pm - 8.30pm at The Fort Youth Centre (Corner of Melbourne and St Georges Road, Norlane 3214).

Please send through the best postal address for you so I can send out your invitation.

Kind Regards,

Gemma Evans
City of Greater Geelong
0484077106

Community Notices

9-year-old Lauren meets first House of Representatives Aboriginal woman, Lidia Thorpe



Lauren, Steve and her mum visited the Member for Northcote and first Aboriginal Woman in Victorian Parliament Lidia Thorpe last week for a chat about the political system and Lauren's own political aspirations. At 9 years of age Lauren has already successfully lobbied her school for increased Aboriginal recognition and has plans to follow in Lidia's footsteps and to maybe even one day be Australia's first Aboriginal Prime Minister. This was a deadly team effort between Steve Dohl and Ebony Hickey from our Family and Community Services teams at Mackey Street.

It is part of our role at Wathaurong to ensure that our services provide people engaged with us with the opportunity to shape the narrative that plays out in their lives. Lauren had the opportunity to gain first-hand experience of what Young Aboriginal Leadership looks like and how she can change the world by being proactive in policy and politics.

Lidia was so impressed with our young Lauren, that she presented an Aboriginal Flag, designer Aboriginal ear rings and a brand new leather basketball signed by Lidia herself. In return we were able to present Lidia with a beautiful piece of Wathaurong Glass. It was a great day for everyone involved.

Lidia Thorpe is a proud Gunnai-Gunditjmara woman and an inspiration to our people. She won the Northcote by-election last year with an 11% lead. She then held the government accountable on their Northcote election promises and has been heavily involved in the state's Treaty process.

At the recent state elections, Lidia lost her seat. We at Wathaurong thank her for her contribution and example, and we look forward to her future successes.



Community Notices



**dementia
australia™**
Managing dementia



Family, friends and community play an important part in our lives – and this is especially true for people living with dementia. Dementia Australia can help if anyone in your community is experiencing memory loss or dementia. Our friendly team is based at the river end of Pakington St – and Karen, Nola, Louise, Jane, Narelle and Chris are always happy for you to drop in for a yarn or give us a call on 1300 526 576 if you would like any further information or support.

Feeling forgetful or confused?

Understanding or accepting that there is a problem is the first step to getting help

Changes in memory and thinking have a number of possible causes. These may include stress, depression, pain, chronic illness, medication or alcohol, and it is good to know how to address any of these. However sometimes memory loss and confusion can be a sign of early dementia and it is sensible to know how to get the best support and information around this condition too.

Any major changes in memory should be taken seriously. If you or someone you know is experiencing these kinds of

memory or thinking difficulties it is better to see your doctor sooner rather than later.

There is no single specific test that can show what is causing the memory loss or whether someone has dementia. Your doctor will want to talk with you and perhaps a relative or friend to find out more about your difficulties with memory and thinking. You will also need a physical and neurological examination which will look at all other possible causes.

When you go to the doctor, it is a good idea to ask for a longer appointment, and to take a relative or friend with you. Write down a list of your concerns to bring with you as well as a list of all medications that you are taking. This will give the doctor a better picture of what is happening for you. The symptoms you have may not be caused by dementia, but if they are an early diagnosis will give you the best opportunity to get the right support, information and medication. It will also give you and your family the chance to plan ahead.

Dementia Australia can help if anyone in your community is experiencing memory loss or has a diagnosis of dementia. Our friendly team is based at the river end of Pakington St - and Karen, Nola, Louise, Jane, Narelle and Jane are always happy for you to drop in for a yarn or give us a call on **1300 526 576** if you would like any further information or support.

Community Notices



Grand Mothers Against Removals

The newly established Grand Mothers Against Removals Victoria (GMAR Vic) is a support and lobby group who seek changes to the legislation and policies that discriminate against the cultural authority of Aboriginal Grandmothers' to raise their own grandchildren.

Inspired by the New South Wales group, GMAR Vic has now held three meetings where already over 50 Aboriginal Grandmothers who are experiencing prolonged distress when dealing with child removals in their families have shared their situations. While not diminishing the individual experiences, all of which are fraught with deep distress and impacts for the kinship networks involved, the similarities that are emerging point to systemic issues that are denying Grandmothers their cultural authority and destroying our families and cultural connections in the process.

The group is currently confirming its vision, aims and objectives, and the issues being raised are multiple. These require a number of approaches:

- Immediate direct support for Grandmothers

on the frontline

- Gathering and sharing information on legislation, agencies, policies and processes, and the Grandmothers' experiences
- Developing a plan to change discriminatory legislation.

The group will be statewide and is planning a regional tour to find out what's happening with Grandmothers all over the state, to share information they are gathering, and to work out how to get justice for Grandmothers and their families.

Wathaurong's Interim CEO Lisa Briggs has started working with GMAR to help them to develop and grow and to encourage other Community Controlled Organization around the state to donate to, sponsor and host the regional forums. GMAR welcomes Wathaurong's interest and hopes that Grandmothers in the Wathaurong area will get involved. Where necessary, Grandmothers can be assisted with travel and accommodation to attend meetings. For more information about GMAR and how to get involved in their activities, please contact Lisa Briggs on 5277 0044.

Mayi Kuwayu-a study of culture and connection on health

The Mayi Kuwayu Study is a large scale longitudinal study of the impacts of culture and connection to country on Aboriginal health and wellbeing and will be conducted by Aboriginal researchers at the Australian National University). In Ngiyampaa language, 'Mayi Kuwayu' means to follow Aboriginal people over time.

This important study will follow participants over 50 years. The study target is 200,000 participants.

They are recruiting participants now.

"20,000 Aboriginal and Torres Strait Islander people will be mailed a copy of the survey, and a further 180,000 will have one by the end of January.

All Indigenous people over 16 who are registered with Medicare will receive a copy, or will be eligible to fill it out online."

Go to <https://mkstudy.com.au/the-survey/> if you are interested in participating. All it will involve is filling out the survey every few years, and having this connected to some of your other health information.

You can also do this survey over the phone by calling free call 1800 531 600.

Community Notices

Over 100 Victorian Aboriginal leaders honoured

Congratulations to the nine inspiring Aboriginal leaders inducted into the Victorian Aboriginal Honour Roll at a ceremony in October in Melbourne.

The Honour Roll celebrates the wide ranging achievements of Aboriginal people, past and present. This year marks the eighth year of the Honour Roll, with more than 100 Aboriginal Victorians now inducted. This year well-loved community Elders, advocates for change, health workers, political activists and Aboriginal inclusion crusaders were recognised.

Each inductee has dedicated their life to helping others and giving back to their community, while fighting for self-determination and equality.

2018 Victorian Aboriginal Honour Roll inductees:

- [Ben 'Lanky' Manton \(1841-1929\)](#)
- [Norman McDonald \(1925- 2002\)](#)
 - [Johnny Lovett](#)
- [Graham 'Bootsie' Thorpe](#)
 - [Jacqui Stewart](#)
 - [Geraldine Atkinson](#)
 - [Barb Gibson-Thorpe](#)
 - [Terry Garwood](#)
- [Cherie Marie Waight \(1962-2014\)](#)



Their personal stories will be added to the Honour Roll, which is on permanent display in the Victorian Parliament. Read their stories at:

www.vic.gov.au/aboriginalvictoria/community-engagement/leadership-programs/aboriginal-honour-roll.html

Regards, Aboriginal Victoria

Community Notices

Wathaurong Glass & Arts

16 Rodney Road, North Geelong, Victoria, 3215 Ph: (03) 5272 2881



We are committed to providing quality support and programs for our community and clients.. We welcome feedback and suggestions to improve our programs.

How can you give us feedback ?

Complete a feedback form, fill it out and hand to reception (anonymously if you like) or write a letter and post it, marked Attention: Tony Meagher, Operations Manager ... or email:

tony.meagher@wathaurong.org.au

ATTENTION:

As many of our members are aware, Wathaurong has expanded recently to include the additional office space at Mackey Street in North Geelong. This site houses our Community and Family Services managers and program workers. The space is designed to be accessible to clients and community on an appointment only basis.

Requests for appointments from clients, Community members and other organisation representatives can be arranged by either speaking to individual workers or alternatively, contacting our reception desk on 52929800 to arrange a meeting room.

School Terms Dates for 2019

Term 1: 29 January – 5 April

Term 2: 23 April – 28 June

Term 3: 15 July – 20 September

Term 4: 7 October – 20 December

Does your child need support at school, or is not even attending? Ask your school to link you in with the Koori Education Support Officer (KESO).

Members Code of Conduct

WATHAURONG ABORIGINAL CO-OPERATIVE MEMBERSHIP - CODE OF CONDUCT

A code of conduct or behaviour can be described as a set of statements that set out what we consider to be an acceptable standard of behaviour and conduct. This code explains how we expect our members to behave.

This code of conduct provides a guide and basis of expectations for our members. It encourages commitment to ethical and professional behaviour and outlines the principles on which Wathaurong Aboriginal Cooperative is based.

- Treat each person as an individual.
- Show respect and courtesy to all involved
- Display appropriate and responsible behaviour in all interactions.
- Display responsible behaviour in relation to alcohol and other drugs.
- Act with integrity and objectivity.
- Accept responsibility for your decisions and actions.
- Respect the rights and worth of every person, regardless of their age, race, gender, ability, cultural background, sexuality or religion.
- Encourage and support opportunities for people to learn appropriate behaviours and skills.
- Ensure your decisions and actions contribute to a safe environment.
- Ensure your decisions and actions contribute to a harassment-free environment.
- Do not tolerate abusive, bullying or threatening behaviour.
- Recognise that all members have the right to privacy and confidentiality.
- If a member acts in a way that is detrimental to a member, client, staff and/or property the Board can suspend that member immediately. They will have the right of appeal by calling a Special General Meeting.

Remember, you are not only a representative of Wathaurong but also of Aboriginal people. Behaviour, both positive and negative, casts a shadow over all of the members of Wathaurong. Think carefully about how your actions, words and behaviour will impact upon others around you.

The Wathaurong Aboriginal Co-operative Board may apply the following sanctions to any member found to be in breach of the Code of Conduct based on the seriousness and frequency of their behaviour:

1. Caution
2. Direction to leave the organisation event
3. Attendance at a meeting with Directors to discuss the breach and appropriate sanction/s
4. Participation in personal development
5. Suspension from organisation activities
6. Expulsion from the Wathaurong Aboriginal Co-operative (according to constitution)

Any member who is alleged to have breached the code of conduct will always be given a "right of reply". They will also be offered the opportunity to bring a support person to any official discussions regarding the alleged breach.

In the case of a dispute with Directors an independent mediator may be retained to mediate the dispute.

The Wathaurong Aboriginal Co-operative will at all times ensure that any person undergoing any of the above procedures will be dealt with in a sensitive and confidential manner, irrespective of the alleged breach of the Rule or Code of Conduct.

DISCLAIMER:

The views, information or opinions expressed in the Wathaurong Aboriginal Co-operative Ltd bi-monthly newsletter are solely those of the individuals involved and do not necessarily represent those of the Wathaurong Aboriginal Co-operative Board of Directors, management, Community members or employees. The primary purpose of the newsletter and its contents is to educate and inform. This publication does not constitute medical, legal or other advice or services. Wathaurong Aboriginal Co-operative Ltd recommends that readers use caution/discretion when reading this document; as it may contain images and/ or names of deceased persons.

Community Notices

Assistance and Emergency Services

Service	Contact
Are you seeking emergency accommodation? Call Salvo Connect (Homeless Support Provider for over 25s) for advice on housing and welfare support	5223 9220
Barwon Youth (Homeless Support Provider for 24 and under) can help young people with accommodation and welfare support, give them a call	5246 7500
If you need help in an emergency you can contact Ambulance, Fire Brigade and Police	000
Are you struggling with finances and need some emergency relief or advice? Diversitat may be able to help you out.	5221 6044
If you require food vouchers, talk to Uniting Care or Salvo Connect	5223 5400
For medical, health and wellbeing support, contact Wathaurong Health Centre	5277 2038
In the event of a medical emergency Barwon Health Emergency Department have the facilities and expertise	4215 0000
For situations requiring police support or advice, call Geelong Police	5225 3100
If you require Family Violence & Sexual Assault Support the Orange Door Barwon Hub provides services, advice and expertise.	1800 312 820
For Drug and Alcohol advice, contact Direct Line 24 hour referral service.	1800 888 236
If you, a friend or family member need immediate advice, call the Suicide Hotline.	1300 651 251
Do you feel unsafe because of Family Violence? Support is only a phone call away. Safe Steps 1800 numbers are also available for support, referrals and refuge 24/7	5224 2903 1800 015 188 Or 1800 737 732
Family Services support including Family Violence is through The Orange Door Barwon HUB (Drop ins at 83 Moorabool St, Geelong from 9am to 5pm Mon-Fri)	1800 312 820
If you need legal advice or support, get in touch with the Victorian Aboriginal Legal Service.	1800 064 865

Need to update your details?

We maintain the mailing list and this helps us to keep in contact with you. We may need to send you newsletters, update the waiting list for WAC housing, or provide members with meeting dates, community events, etc.

Members please remember to update your details. Family members if you know of someone who has moved recently — please ask them to update their details by calling the Co-operative 5277 0044 or letting reception know, when you are next in.